

THE JLT STUDENT NEWSLETTER

Halewood Academy Junior Leadership Team

Life in Lockdown Newsletter

Hi everyone,

Before I hand over to our amazing Student Leadership Team, my little tip for this week, for keeping busy in lockdown, would be to listen to Daniel Radcliffe (that played Harry Potter in the films) reading the first chapter of Harry Potter and the Philosopher's Stone on wizardingworld.com. It is brilliant!

I really hope that you are all looking after yourselves and your families!

Miss Catterall



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LUIS IN LOCKDOWN - READY, STEADY, COOK!!

BY LUIS EDEN, YEAR 10

Hello, how are you? I mean, how are you, really? Don't forget, we are all in lockdown together and I hope you and your family are staying well and safe and sticking to the guidelines as best as possible! These past few days I have had many cupcake orders which was a nice change to the past few weeks where it has been mostly treats such as brownies for customers on weekends! I've had chance to revisit something I love to do, especially the piping of cupcakes. We all have something we love to do but maybe haven't found what that is or have lost a spark for something we haven't had time for before lockdown but now can actually start and enjoy again. Please see a recipe below:



For the cupcakes;

1. Place all ingredients into a large bowl and if you have an electric hand whisk/ mixer then simply start on low and then whisk on medium for 1 minute 30 seconds until the mixture is thick in texture and has near enough doubled in size!
2. These need to be placed into fairy cake cases or muffin cases which are better (Dr Oetker from Tesco are lush!)
3. Place into the oven for 10-12 minutes if fairy cases or 18-22 minutes for muffin cases but check with a skewer that no batter comes out the centre after your 18-22 minutes.
4. While these are cooling, your softened butter (left out over night) should be whipped by hand or an electric whisk for 5 minutes until pale and creamy. This is where your icing sugar is to be added in two stages beating in between each one and then your milk is added to taste and texture!

Have a go and please send any examples of your baking to Miss Catterall for next week's newsletter

Vanilla cupcake recipe;
150g baking spread (stork)
150g caster sugar
150g self raising flour
3 medium or large eggs
1 tsp vanilla extract/ vanilla bean paste (for the best enhanced flavour)

Buttercream/ butter icing;
250g unsalted butter block
500g icing sugar
2-3 tbsp of milk depending on texture of the icing your going for
Any spreads (such as Nutella or biscoff) to flavour or simply 1/2 tsp vanilla extract/ vanilla bean paste (for enhanced flavour)

During this difficult time , we need to try our best to adapt to change and I have found that one way that we can stay sane is learning new things, there is multiple mental benefits to this including:

- . Your learning speed increases***
- . Fights Boredom***
- . Brain Chemistry changes***
- . You adapt better to change***

There is also health benefits for example people who learn new skills are less likely to develop dementia as people who actively learn new things / skills don't give their brains a chance to demyelinate .

So , you may be wondering if your stuck at home what can you learn to do ?

I have learnt how to :

- .Bake***
- . Cook***
- . Clean***

All of skills will be used in later life , and keep you amused for the time being . I hope you take my ideas to stay entertained .

Thanks



THE A-Z OF CAREERS



Can you complete the alphabet with career/jobs you could aspire to.
Send your answers to cjones@halewoodacademy.co.uk or via
Instagram using @Halewood_academy_aspirations.

A ccountant	N ail technician
B uilder	O ccupational therapist
C hemical engineer	P aramedic
D emolition operative	Q uality control technician
E arly years practitioner	R adiographer
F ashion model	S caffolder
G ames designer	T attooist
H ealth and safety officer	U pholsterer
I llustrator	V eterinary nurse
J udge	W eb designer
K itchen porter	X -Ray operator
L andscaper	Y oga instructor
M ake up artist	Z oologist

Thank you for your attempts at the A-Z of careers.

This is a combined list of some of your answers. Well done!



Influential people of Liverpool



David Williams & Oliver Press - Independent Liverpool

The pair started their Independent Liverpool business seven years ago completely changing how people shop, eat and drink in Liverpool by blogging about the amazing local independent shops, cafes, restaurants and bars. In 2017, the pair launched the Baltic Market (a food hall) which welcomes thousands of visitors every weekend.

Steve Warburton & Sue Musson - NHS Foundation Trust

Steve and Sue are chief executive and chairwoman of Liverpool University Hospitals NHS Foundation Trust, and are responsible for heading up the organisation which is responsible for millions of patients lives. The pair lead around 12,000 staff across the Royal Liverpool & Broadgreen University Hospitals Trust and Aintree Hospital. They face huge challenges and pressures on staffing, finance and patient numbers, but they are confident they can improve care across the hospitals.



Jamie Webster - Allez Allez Allez Singer

Jamie's brilliant version of Allez Allez Allez has taken him around the world, travelling from places like Madrid to Ukraine to the United States. He managed to provide the soundtrack to Liverpool FC's Champions League victory using his distinct sound and strong following of Red's fans.

Nisha Katona - Mowgli

Mowgli opened in 2014 with a unique take on Indian street food, which took the city's foodie scene by storm! The barrister-turned chef grew up in Ormskirk and now lives in Wirral with her husband and children, but Nisha learned all her cooking knowledge and skills from her Indian mum. Her business continues to expand across the country, with two restaurants in Liverpool, and others in Manchester and soon in Leeds.



Molly 'Meatball' McCann - UFC Champion

Molly made history as the first English woman to win a fight in the UFC, taking the win over her Brazilian opponent at the 02 Arena. She is a one-time Cage Warriors Fighting Championship Flyweight Champion and currently competes in the flyweight division of the UFC. As of March 2nd 2020, Molly is ranked #14 in the UFC Women's Flyweight rankings. Molly came from a tough upbringing in Liverpool, but prides herself on how hard she works and is determined to be the best!

Who are the most influential people in your life?

Write an article about some of the most influential people in your life and send it to cjones@halewoodacademy.co.uk



LIFE IN QUARANTINE

BY CAMERON HERRITY, YEAR 11

Since the quarantine had begun, my immediate thoughts were that my five years of effort had ended up coming to a waste. After what seemed like the hasty decision to close down all schools, I was worried that I wouldn't be able to make my efforts worth it, and that the results that I might end up with aren't what I expected. However, as the time has passed, and we have found out how we are being graded, I have had more confidence and hope in what will happen.

However, Year 11's early departure came as a very unfortunate shock due to how abrupt it was. Unfortunately, the no more than a week preparation made our departure feel so hasty, but still we still had an amazing send off, however. Our final day still came to joy all around however, as signing shirts and saying goodbyes immortalised the friendships and bonds we have made over the five years. All the times we had shared with the students and teachers alike are something that will stay in our hearts for many years to come. One of the main effects that quarantine has caused on many of us is a great feeling of boredom.

One of the ways I have counteracted this and something I would recommend to others is to learn a new language! I have began taking up Japanese again, and the challenges coming from learning something new is a great method of not being stuck in the same loop every day. The benefits with learning a new language is not only does it help to improve memory, but it can also lead to many opportunities down the line, including getting a job in a completely new environment!

Anyway, these have been my thoughts on what it's been like for me in quarantine. Thanks for reading and I hope you enjoy these times in self isolation!

Last Week's Crossword Answers

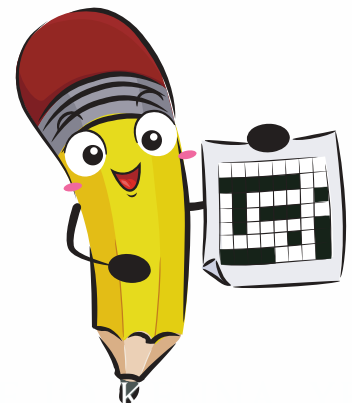
BY AGNE SENKEVICIUTE,
YEAR 10

crossword

Complete the crossword puzzle below



Well?
HOW DID
YOU DO?



Across

1. what country did covid-19 affect first? **China**
3. what is h₂o? **water**
5. where do we do school work? **online**
8. what is 10+2-2(1+3)? **four**
9. name of a building that people didn't enjoy going to but now want to go back? **school**
10. what is the name given to a scientific instrument to magnify particles? **microscope**
11. what famous person was sitting under a tree when an apple fell on his head which led to a huge discovery? **Newton**
13. what do teachers write on in school? **Whiteboard**
14. most didn't enjoy this but know look forward to it once a day? **exercise**

Down

1. what virus is most popular now? **corona**
2. most trendy face accessory at the moment? **mask**
4. what will small businesses become if lockdown lasts a long time? **bankrupt**
6. restriction name that slows movement of people and goods? **quarantine**
7. what is a tricky homophone for plane? **plain**
12. masks are a form of... **safety**
15. what is the Spanish word for the place we have to stay in to be safe? **casa**

This Week's Wordsearch

BY CAMERON HERRITY,
YEAR 11

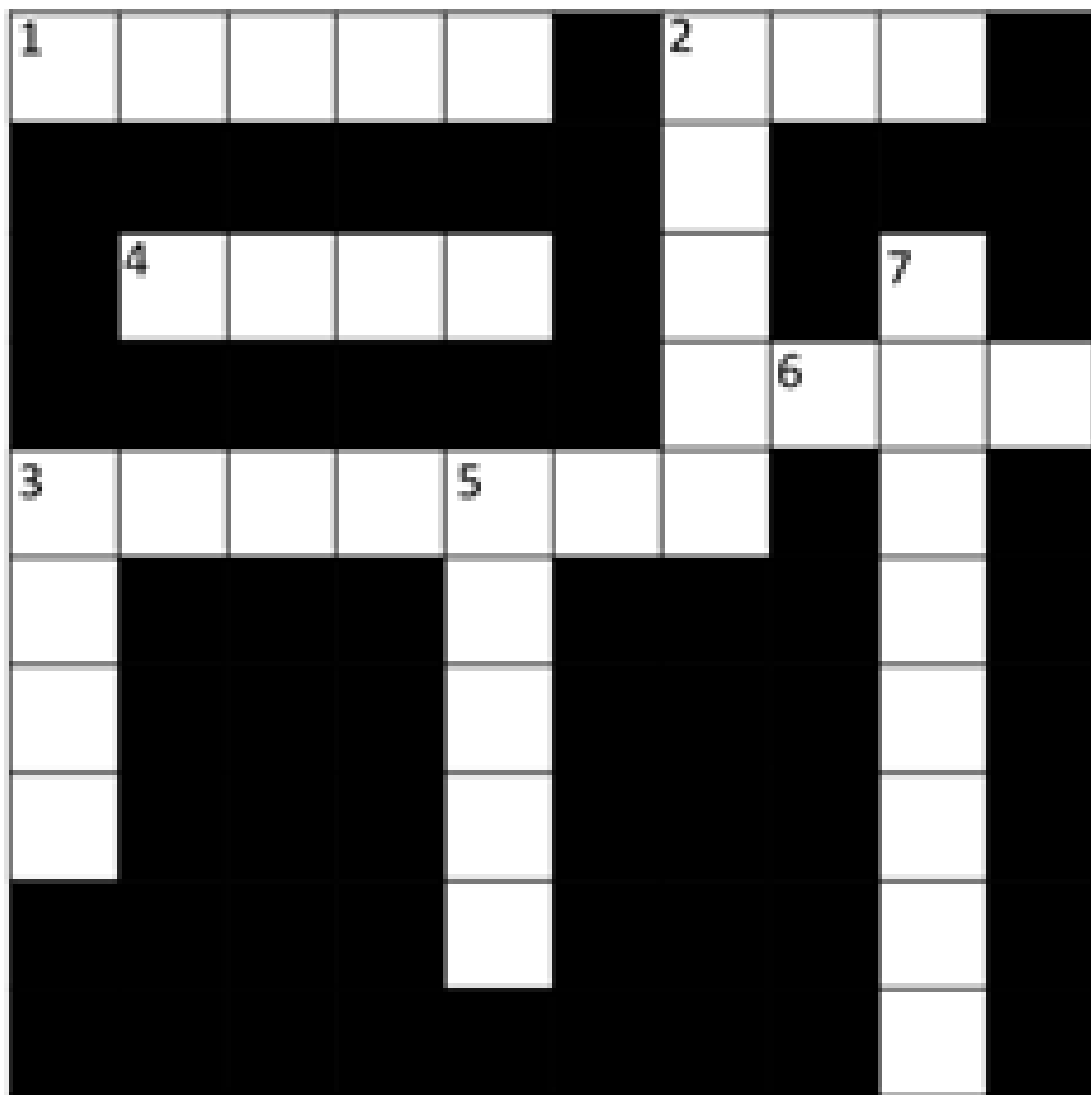
I	H	S	S	M	N	E	C	E	S	N	R	U	G
U	N	K	E	N	I	T	N	A	R	A	U	Q	N
I	E	S	O	R	S	C	H	O	O	L	S	G	I
T	D	N	C	O	K	O	O	L	Q	E	I	N	C
R	U	M	O	O	C	O	R	G	I	U	S	K	N
Q	E	I	O	C	G	N	O	N	O	M	O	N	A
N	O	V	K	C	N	R	M	Q	O	S	L	T	T
S	S	V	I	W	I	O	G	A	A	I	A	R	S
U	U	N	N	S	M	R	S	T	S	O	T	R	I
N	M	G	G	K	I	N	I	L	R	K	I	M	D
S	M	S	N	C	O	O	I	D	I	V	O	C	R
O	E	Q	A	E	N	T	N	H	C	C	N	T	N
L	R	H	O	M	E	W	O	R	K	M	C	N	I
O	R	V	I	I	A	V	I	T	N	V	C	N	K

**Summer
Quarantine
Mask
Cooking
School**

**Covid
Distancing
Homework
Isolation
Revision**

This Week's Crossword

BY HARRISON ZYSIAK-TOBIN,
YEAR 9



Across

1. Captain Tom _____ (5)
2. Tedros Adhanom is one of the heads (3)
3. The Big ____ (5,2)
4. John Krasinski Presents: Some _____ News (4)
6. Which animal is Covid-19 suspected to have originated in (3)

Down

2. Where did Covid-19 originate (5)
3. If you're asymptomatic then how many symptoms do you show?
5. How many seconds should you wash your hands for? (7)
7. Which animal supposedly passed Covid-19 to humans (8)