VOL. 1 ISSUE 3 - 18TH MAY 2020

## THE JLT STUDENT NEWSLETTER

Halewood Academy Junior Leadership Team

Hello everyone,

Firstly, a huge thank you and well done to the Junior Leadership Team for the weekly newsletter, It is lovely to see some of the creative things you are up to; I can't wait to bake more cakes. Here are my top tips for you during lockdown:

- 1. **Stay active!** try somethings new, like Yoga (search Youtube for classes) or PE with Joe Wicks every weekday morning, 9am on Youtube or Instagram.
- 2. Fresh air try to get some fresh air each day, have a little walk, or if you are lucky enough to have a garden you could sit out and enjoy a good book in the sunshine.
- 3. **Routine** try to stick to a daily routine, to support this we have your weekly 'learning journey' via the school websites and school social media accounts. Sticking to a routine is good for mental health and well-being.
- 4. **Stay in touch** make time to video call your friends and family, you could organise a Zoom quiz and test your friends and families knowledge.
- 5. **Appreciation** take a minute to appreciate the hard work of your parents/carers, key workers and each other. The lockdown isn't easy for anyone, but take a minute to thank others for their efforts to keep you safe and well.

Thank you to all our students and parents/carers for your hard work in home-schooling, keep up the hard work and we are looking forward to seeing you all soon. Stay safe!

#### Mrs Jones

I hope that you've had a good week and that you enjoyed listening to Daniel Radcliffe reading Chapter 1 of Harry Potter and the Philosopher's Stone. I just wanted to let you know that the following are also now available on wizardingworld.com:

Chapter 2- read by Noma Dumzweni (plays Hermione Granger at the theatre show)

HARRY

Chapter 3- read by Eddie Redmayne (from Fantastic Beasts)

Chapter 4- read by Stephen Fry They really are worth a listen!

Thinking of you all, Miss Catterall.



### This week...

Luis in Lockdown - Ready, Steady, Cook!!

PAGE 02

What's going on in the world?

PAGE 03

How can you get creative during lockdown?

PAGE 04 & 05

This Week's Wordsearch

PAGE 06

Challenges, Ideas and Tasks

PAGE 07

# READY, STEADY, COOK!! BY LUIS EDEN, YEAR 10

Hi all, thank you for taking the time to read this!

I hope you are all OK and staying safe in what is a confusing time for all of us!

This past week, I have made cake jars and you may think 'what is this?' A cake jar is as simple as it sounds but can have many misconceptions such as: Do you bake it yourself as it's mixed in the jar? The answer is simply, no! This is basically a plain sponge (or flavoured if you like) stuffed into a container such as a glass jam jar or plastic jar with a buttercream of your choice. You can also include many spreads such as jam, Nutella or Crunchie (a new favourite of mine found in Asda, Tesco and Morrison's!)



These are extremely simple to make like last week's recipe (vanilla cupcakes) but they're even for the 'terrible bakers' who can burn soup! For a better taste, I would recommend making your own cake and buttercream but shop bought cake or packet mix will do, with some Cadbury frosting.

The jars shown have a chocolate sponge (substitute 25% of the flour in the vanilla cupcake recipe for cocoa powder and remove the vanilla) with layers of galaxy chocolate buttercream and galaxy counters and minstrels



Hope you are all well and keeping safe!

THE JLT NEWSLETTER PAGE 02

### What's going on in the world?

#### By Agne Senkeviciute



Covid-19 is a major part of our society today, it is affecting our daily lives and the world around us. It is causing us to stay indoors and restrict our daily lives. However, the restrictions are being lifted and many people are going back to work. On the other hand, we are still not allowed to go back to school and don't know when we are going back. The coronavirus is very serious but we must remember that things will get better and that many other important things are also going on such as:

#### Asteroid flyby in April

An asteroid expected to be between 1.1 and 2.5 miles wide flew by Earth in late April. However, if it would have hit us then it would have been large enough to cause global damage.

The asteroid was first discovered in 1998 and it was predicted to pass within 3,908,791 miles of the Earth, moving at 19,461 miles per hour.

It's the largest asteroid expected to fly by Earth within the next two months, but it's not the largest ever to pass by our planet.

The asteroid was a potentially hazardous object because of its path near the Earth's orbit. However, NASA predicted it would have done no damaged to Earth.

#### New dinosaur was discovered the size of a hummingbird

The complete skull of the smallest known dinosaur was found: 99 million years old. It's smaller than the size of the smallest hummingbird alive today.

Although it was very small it most likely a predator. Its head was the size of a thumbnail and had a jaw full of sharp teeth and bulging eyes.

"When I first saw this specimen, it really blew my mind. I literally have never seen anything like this. There are over 100 teeth present in the jaws. These weird eyes sticking off looking to the side. There's nothing like this alive today," said senior professor at the Institute of Vertebrate Palaeontology and Palaeoanthropology of the Chinese Academy of Sciences in Beijing and a research associate at the Natural History Museum of Los Angeles County.

The discovery allows researchers to explore the possibility that dinosaur species were more diverse than originally thought. Scientists think dinosaurs weren't all large and powerful

THE JLT NEWSLETTER PAGE 03

## How can you get creative during lockdown?

#### BY HOLLY HARDING, YEAR 10

During lockdown, you might want to relax or de-stress. There are many ways to do this, including arts and crafts. You don't need fancy paints or a canvas, in fact any paints picked up during a weekly shop or found lying around the house will work perfectly on different surfaces, for example rocks. Painting on rocks provides a completely different experience to painting on any kind of flat surface as you need to work around or use to your advantage the curves and irregular shapes. If you can't get your hands on any brushes, you can always finger paint or even use pencils if you don't have any paint. Pencils surprised me with how well they worked and I'm sure they would work just as well on a darker coloured rock as they would a paler rock, like my own. It's a great activity to do with younger siblings as well, since you can do both complex and simple designs.





If you're stuck for ideas, I recommend Pinterest. However, just a quick google search will grant plenty of inspiration. Once they've dried, you could hide them in the garden or around the house like an Easter egg hunt for other family members. Anything works for this activity, flat, round or smooth, it all depends on the type of surface you feel most comfortable working on.

#### Some top tips are:

- If you have a very dark base or quite see through paints, add white.
- If you make a mistake, wipe it away quickly.
- If you want to change something but the paint has dried, nail polish remover works well.

THE JLT NEWSLETTER PAGE 04

But what about schoolwork, is there any way you could link crafting to learning? Yes! While personally I used air drying clay to create a model of a river for Geography, but play dough, plasticine or salt dough are also great for modelling.

To make salt dough (and no you don't eat it) you need:

- Plain flour if you don't need it for anything (as I know it's difficult to get)
- Table salt
- Water.

All you need to do is mix 250g of flour and 125g of salt together, gradually adding 125ml of water until you have dough. Flour a surface and knead like bread until it feels like play dough Then start to form your shapes.

You can use cookie cutters or your hands to form whatever you want. I suggest making equation triangles for Science, but make whatever you want, the sky's the limit. Once it's done, leave to dry for a day or with the help of an adult if necessary, put it in the oven (on its lowest setting) for 3 hours. Then you can add some colour with paint or leave them plain.

On the other hand, maybe you're not a fan of getting your hands dirty. If that is the case, digital art is a great option to you. You don't have to go out and buy iTunes or Android cards, because there are plenty of brilliant free options both on the App Store and the google play store, such as:

#### On the Play Store:

- Sketchbook draw and paint
- Ibis Paint X
- Sketch Draw & Paint

#### On the App Store:

- Paper by WeTransfer
- Tayasui Sketches
- Ibis Paint X

If you don't know what to draw there are lots of tutorials online, or weekly/monthly events to join in on. For example, Mermay - an event where you draw a mermaid/man throughout May, using the freely available prompts - is going on at the moment. I recently took part in a weeklong event called #peaceofmindweek. There are also lots of #drawthisinyourstyle or #dtiys's going on where If you use that specific creator's hashtag. They may even share your work to their many followers.

THE ILT NEWSLETTER PAGE 05



## This Week's Wordsearch

BY HARRISON ZYSIAK-TOBIN, YEAR 9

R	Т	U	Υ	D	Р	L	Ν	s	М	Н	Р
U	Α	D	Т	Ν	Ε	Т	Α	L	Ε	Υ	Α
Ν	Ε	Α	О	Ε	Ν	ı	D	1	Ν	Р	Z
S	0	Α	Ε	В	Т	Υ	S	Т	Т	0	R
Т	Р	В	Ε	О	Р	С	Т	R	Α	С	Α
Α	Ν	Т	R	Ν	Ε	Ν	Н	С	Z	Ε	R
R	Ε	С	С	Α	J	Ε	G	Т	S	Ν	С
С	D	D	R	Р	С	U	1	Р	R	Т	Т
Н	W	Ε	L	Α	Ε	Q	Ε	Α	S	Ε	ı
Т	Α	О	Т	R	В	Ε	Н	В	С	R	С
R	R	Н	Υ	Т	В	R	Т	L	Ν	W	F
Т	D	R	1	Ε	1	F	L	0	Ε	S	В

- 1. Band: The \_\_\_ Monkeys (6)
- 2. Mickey and \_\_\_ (6)
- 3. Origin of an Earthquake (10)
- 4. Glucose is stored as \_\_\_ (6)
- 5. Napoleon \_\_\_ (9)
- 6. Class width x Frequency Density (9)
- 7. Specific \_\_ heat (6)
- 8. Element with the atomic mass 12 (6)
- Novel: Wuthering \_\_ (7)
- 10. \_\_\_ Picasso (5)

THE JLT NEWSLETTER

## Challenges, Ideas and Tasks



#### Watch

**Our Planet -** This Netflix series is a lot like Planet Earth, except it urgently calls for viewers to think about the ways that human actions are putting the nature and animals the series covers in peril.





#### Read

The Curious Incident of the Dog in the Night Time - The detective, and narrator, is Christopher Boone. Christopher is fifteen and has Asperger's Syndrome. He knows a very great deal about maths and very little about human beings. He loves lists, patterns and the truth. He hates the colours yellow and brown and being touched. He has never gone further than the end of the road on his own, but when he finds a neighbour's dog murdered he sets out on a terrifying journey which will turn his whole world upside down.





#### Listen

Radio 1's Big Weekend 2020 - Obviously, this year's Big Weekend will not go ahead as normal, however, you can tune into all the music via Radio 1. This will be 22nd May -24th May 2020. You can listen to a broad line up of bands, artists and DJS such as Sam Smith, Jonas Brothers, Aitch x AJ Tracey, Anne- Marie, Becky Hill, Lauv, Niall Horan, YUNGBLUD, Disclosure, CamelPhat, High Contrast and many others!



#### Photography

Sun sets and sun rise... can you capture a photograph of a beautiful sunset or sunrise? Send your photos to cjones@halewoodacademy.co.uk





#### Challenge

BAKING! Can you use Luis tips and recipes to bake something this week? We would love to see some pictures of your baking.





#### **Health and Fitness**

Complete a bike ride. You are lucky enough to live in such a beautiful city, get out and explore your local area. You could cycle along the Trans Penine Trail, gaining access by school. Or what about a ride out to Hale Lighthouse?

THE ILT NEWSLETTER PAGE 07