

THE WEEKLY NEWSLETTER

WB MONDAY 30TH NOVEMBER 2020



Dear Parents/carers,

It has been wonderful to have ALL students back in school, having face-to-face teaching and experiencing learning and school life in the 'usual' way.

The senior leadership team have had the opportunity this week to see all the fantastic work which has been taken place in lessons. You will be aware; Year 11 students are preparing for mock examinations next week. We are mindful of the time some students have been away from school and for some, a loss of learning especially due to illness. By providing mock examinations, this will give students their first real experience of an exam in real conditions, will give classroom teachers a greater understanding of specific gaps in knowledge and how best to support students moving forward. Please remember, each night after school we have an extended curriculum for Year 11. We also have 'virtual' sessions taking place on Saturdays. All information is on our social media platforms and school website. Encourage your son/daughter to participate.

Shout out to students

I would like to congratulate Leia Deveney in Year 11. Miss Catterall has informed me that Leia has been hard working, respectful and polite. Well done Leia, please continue to do this.

Also, Miss Scott has told me ALL of Year 7H were amazing in PE, and they braved all the elements of the weather. Great job Year 7H!

We had amazing news about Child Development results. 75% of students achieved A*-C in their exam. What an achievement! Great work Miss Carson.

Paige Cross in Year 8 who is a Future Female Leader has shown Mr Hilliard today her 'Live lesson book' He said it is full of all the work she has completed for all her subjects. Well done Paige.

Miss Hayden informed me that Danayal Farouq, Darren Mayo, Ryan Thornton, Fletcher Reid, Joss Moorhead, Shavanna Langton, Dominic Lawrenson, Jack Coulter and Lee Abernathy have been fantastic in lessons all week. This is such positive news. Well done everyone.

Mr Kilty has made me aware of the technical work students and DT staff have been doing in lessons. I now have a 'whistle' created by using a 3D printer. Thank you, DT students. Well done!

We have had the second tranche of antibody testing this week. As you are aware, this has been open to Year 7/8 students and staff. Within this research study, all participants are tested for COVID19. You will only be contacted if your son/daughter tests positive. Results from the antibody test normally take between 4-6 weeks. You will be notified via the email address you registered with.

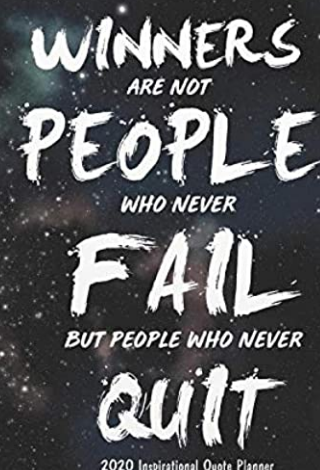
Please read the parent section of the newsletter. There is a section about supporting your child through COVID. As a parent myself, I find myself talking through current issues/concerns he is dealing with through this period and give him a platform to voice his thoughts and feelings. It helps me, as his mother, to feel more secure that I know he isn't keeping it all to himself. It may be of some benefit to you too.

Also, Miss Walsh has organised some parent/child virtual lessons. Mrs Quane will be teaching us how to make a Yule Log on Tuesday 8th December. Miss Gallen, Mr Kendrick and Mr Kelly are planning to create giant bubbles on the Wednesday 9th December. Mrs Dowling will guide us to create personalised Christmas crackers on Monday 14th December. What a treat we have in store for you!

Have a great week
Ms Gallagher
Interim Principal

This week...

- Attendance
- Computer Science Week
- Career of the Week
- Maths challenge
- Recommended reads
- Word of the Week
- Reading BINGO
- Reframing the Narrative
- Aspirations - My Journey
- Espanol
- Live Parent/Student Sessions



Attendance

Top 5 Form attendance

(30th November - 4th December 2020)

FORM GROUP

ATTENDANCE

7JCR/RAD	99.1%
7NST	98.3%
7HHA	98.1%
7SSC	97.9%
10NMC	97.2%



ITS COMPUTER SCIENCE EDUCATION WEEK 7TH - 13TH DECEMBER 2020.



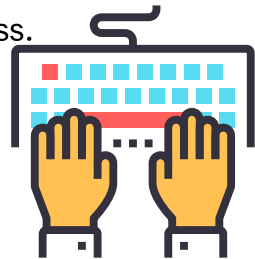
To celebrate in class we are going to do an hour of coding.

Your task

Try to complete all stages of all three levels within the Lightbot game.
Open up Google Chrome and type in the following website address.

Lightbot.com/flash.html

If it does not work on Google Chrome try Internet explorer.





Career of the week!

ELECTRICIAN

ANNUAL SALARY:
APPROX. £35,176 PER YEAR.

Electricians fit, service and fix electrical equipment, circuits, machinery and wiring.

YOU CAN GET THIS JOB THROUGH:

- An apprenticeship
- A college course

ENTRY REQUIREMENTS:
COLLEGE COURSES -
Level 2 and 3 Diploma in Electrical Installation

Apprenticeship

GCSE's -

- 5 GCSEs at grades 9 to 4 (A* to C), or equivalent, for a level 3 course



SKILLS & KNOWLEDGE

- The ability to use, repair and maintain machines and tools
- Knowledge of building and construction
- Maths knowledge for understanding technical plans
- To be thorough and pay attention to detail
- Problem-solving skills
- The ability to use your initiative
- The ability to work well with your hands and use equipment safely
- Customer service skills for working with colleagues and clients

Excellence Resilience Collaboration Respect Aspiration

Maths Challenge of the Week

Solvemoji.com **XMAS EDITION**

$$\text{👴} + \text{👴} + \text{👴} = 54$$

$$\text{👶} + \text{👶} \times \text{👴} = 304$$

$$\text{👶} \times \text{👶} + \text{🍷} = 270$$

$$\text{🍷} + \text{👴} \times \text{👶} = ?$$



ANSWERS IN TO MISS DEVONSHIRE OR YOUR PROGRESS LEADER

Last week's answers...

WELL DONE YOU HAVE CRACKED THE CODE
MY NAME IS KIERA I AM FOURTEEN YEARS OLD
CAN MAKE YOUR OWN CAESER CODE?



Well done Kiera M from 9H1

Could you create your own to go in the newsletter next term?

Alphabet	A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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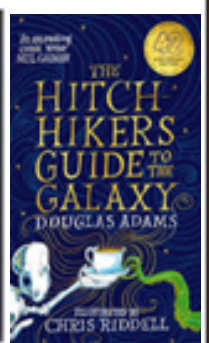
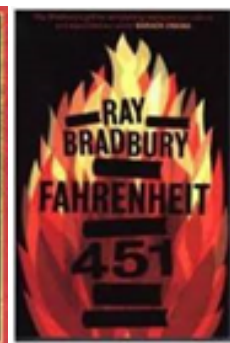
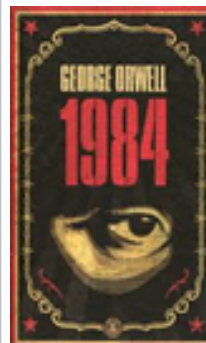
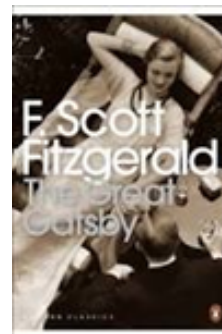
Literacy

Recommended Reads

Suggested reads for students



Suggested reads for Parents/Carers



<https://www.theparentsguideto.co.uk/product-page/the-parents-guide-to-exam-revision-ks4>

Word of the week – Week 12

Definition:

To be clearly defined or identified.

Synonyms:

exact, precise, particular

specific

Worked examples:

You should pay attention to specific words within exam questions.

Antonyms:

general, unspecified, vague

WELL DONE TO

BRANDON COLLEY 7MWL

FOR COMPLETING A LINE ON
THE READING BINGO

HE HAS RECEIVED 5 LITERACY REWARDS
& A CERTIFICATE

**CARRY ON READING & RECEIVE LITERACY
REWARDS, CERTIFICATES, CHANCE TO
WIN VOUCHERS & YOUR NAME HERE!**

2/12/2020

WELL DONE TO **LOUISE 7MWL**

WHO HAS COMPLETED 2 LINES ON THE
READING BINGO

SHE HAS RECEIVED 10 LITERACY
REWARDS & A CERTIFICATE

**CARRY ON READING & RECEIVE
LITERACY REWARDS, CERTIFICATES,
CHANCE TO WIN VOUCHERS & YOUR
NAME HERE!**

REFRAMING THE NARRATIVE

A powerful way to improve your child's mental health through Covid-19

2020 has been an unforgettable year and in many respects for all the wrong reasons. Almost overnight, our lives changed dramatically, with restrictions on who we can see, where we can go and what we can do. These changes have lasted longer than most of us expected. For some, it has had a devastating impact with bereavements, job losses, financial instability and continuing uncertainty about the future. For all of us, it's meant significant lifestyle changes and an inability to meet up with many of those we love. This year's been especially tough on teenagers, with school closures, lack of face to face contact with friends and many of their favourite pastimes cancelled because of social distancing measures.

Looking at these things, it could be easy to write off the year in negative terms focusing on all the things we had planned that were cancelled, or all the things we'd hoped to do but couldn't. This can have a very negative effect on mental wellbeing by viewing life through a dark perspective and ongoing restrictions can maintain this harmful state of mind long term. Notwithstanding the challenges, there have been many positive elements to this year, and it's worth focusing on these to help your teen (and you!) to "reframe" this different lifestyle through a brighter point of view. How we perceive a situation will have a significant impact on how we feel about it, so using the reframing technique of looking at a situation from a more positive angle can make us feel better and improve our mind-set, even though the situation itself has not changed at all.

Reframing the narrative – what has been good about 2020?

1. More time with the family

Home schooling, working from home and less places to go have meant families have spent more time together. There are lots of benefits to this, including reinforcing family bonding, providing greater security and strengthening a sense of belonging.

2. Pace of living has slowed down

Over recent years, the pace of life has accelerated. Fear of missing out has encouraged us to take advantage of all possible opportunities, leaving many of us exhausted, rushing from one commitment to another. With the elimination of many activities, there has been much more time to take stock and really enjoy the moment.

3. More time enjoying nature

The benefits of spending time in nature are many and most of us have spent more time outdoors, enjoying the fresh air, countryside or parks this year. This aids feelings of wellbeing, happiness and sleep – all excellent for health. It also helps us be in closer touch to nature's cycle. Think back, have you noticed more clearly the changing of the seasons, different flowers and trees blooming, the vibrancy of autumn leaves? Connecting with nature is not only soothing, it helps us gain perspective on our own feelings by providing context of our place in the greater world, helping us cope better with our own personal problems.

4. Greater appreciation of things that are important to us

With so much uncertainty, it's given us the opportunity to re-evaluate what's important and appreciate the things we have rather than taking them for granted.



5. Chance to develop new skills at home

With families spending more time at home, teenagers have had chance to develop life skills they might not otherwise have experienced, such as cooking, gardening and DIY. This is going to make life much easier for them when they leave home because they will have a better understanding on how to look after themselves on a practical level.

6. Less pressure on doing fashionable things

Keeping up with friends can be expensive as well as exhausting. Social media provides an instant means of sharing what everyone is doing and the fear of not fitting in with peers by sharing their experiences is more pronounced now than ever before. Shopping for the latest fashions, attending concerts, gigs, festivals, sporting events and the theatre are costly too. This pressure has been temporarily removed with the cancellation of all large group gatherings.

7. More free opportunities online

With face to face gatherings restricted, there have been hosts of online experiences offered for free, including courses, concerts and plays. Many celebrities have broadcast from their homes, taking part or creating interviews, podcasts and videos to stay connected with their audience. This has given us a unique insight into how they live and offered a different experience of entertainment that we hadn't previously seen.

8. Importance of staying connected

Being unable to see our friends and loved ones has highlighted how important this is and given us a greater appreciation for the opportunity to see people in person. To compensate, we've all got much better at staying in touch by phone, text and video conference. Many of us have communicated far more frequently with our extended friends and family than we would have done otherwise.

9. Learning more about our local area

How many teens really explore the area where they live outside a few favourite haunts? Being restricted to staying within our own locality has meant we've needed to find things to do closer to home, even if that's just pounding the streets on our daily walks. Being able to enjoy things that are physically close to home, rather than needing to travel extensively to access them, is good for health.



Parents/Carers what can you do next?

Ask your child what changes they have enjoyed and would like to keep going when restrictions are no longer in place. This thought process is not meant to fake positivity where there was none; pretending to be happy is no substitute for genuine contentment. It's about assessing all aspects of a situation and recognising that whilst there have been disappointments, uncertainty and disruption, there have been silver linings too. Reduction in commuting to work, more time with the family, eating home-cooked meals together and staying in more regular touch with our friends and local communities are all positive elements that have come out of the Covid-19 drama. When looking to the future, do we really want everything to go back to the way it was before?



My Journey

Thank you to the staff who volunteered to share their journey to become a teacher at Halewood Academy.



Ms Byron-Bentley – Teacher of English



Education

Higher Side Comprehensive School – GCSEs: English Literature, English Language, Science, Maths, French, Food Technology, Health and Social Care.

Roby Sixth Form College – A Levels: English Language, English Literature, Sociology and Communication Studies

University of Central Lancashire – BA (Hons) Philosophy with English Language

University of Manchester - PGDE

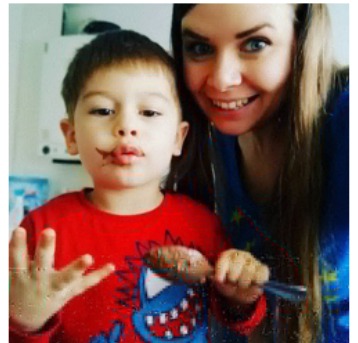
Employment history

Waterfields Bakery – Saturday Girl

Tickle Hall Cross Solicitors – Legal Secretary

Entwistle Green Estate Agents – Sales Negotiator

Cambridge Law Studio – Course Administrator



Greatest Achievement

Being awarded a first in my undergraduate degree and bringing up two wonderful boys.

Advice

Be kind, work hard and smile!



Mr Campbell – PE Teacher

Education

Maricourt High School & Sixth Form: GCSE's: English Language, English Literature, Dual Award Science, Maths, PE, RE, ICT, French, Geography, Design Technology – all grade A-C

A Levels: PE, French, Philosophy, General Studies

Edge Hill University: Physical Education BA Hons

Employment history

JJB Sports

Marks & Spencer

John Lewis

Camp America – Swimming Instructor

West Derby School – Teaching Assistant/Cover Supervisor

Halewood Academy – Teaching Assistant and then PE Teacher

Greatest Achievement Playing Rugby for the County, working and travelling around America when in University.

Advice You can get where you want to be, even if you have to take a different path to others. If you want it enough you'll get there in the end!



Live Sessions for Parents and Students

Christmas Experiments Live Session 1 Wednesday 9th December 2020

Giant Bubbles

- String
- Washing up liquid
- Glycerine
- Corn Starch
- Large bowl/bucket
- Straws

Santa drop

- Black bin bag
- Boiled egg
- String
- Cardboard
- Scissors
- Glue
- Selotape
- Felt tips

Santa Sleigh

- Large bowl
- Tin foil
- Spare change (pennies, 10ps, £1 coin)

Would you like to create giant bubbles, Santa's present drop and Santa's sleigh?

...Then join Miss Gallen, Mr Kendrick and Mr Kelly in a LIVE lesson on TEAMS

On Wednesday 9th December at 4.30pm



Christmas Experiments Live Session 1 Wednesday 16th December 2020

Melting Candy Canes

- Candy canes
- Glass jar

Reindeer Balloon Race

- Balloons
- String
- Reindeer cut template
- Straws
- Selotape

Christmas Baubles

- Oil
- Glass Jar
- Food Colouring

Fizzing Christmas Tree

- Paper plates (to make into a cone shape)
- Baking soda
- Vinegar
- Sequins (optional)
- Food Colouring
- Bowl, spoon & tray to put in the freezer
- Squire bottle, eye dropper or baster

Would you like to create fizzing Christmas trees, melting candy canes, reindeer balloon race and Christmas baubles with your child?

...Then join Miss Gallen, Mr Kendrick and Mr Kelly in a LIVE lesson on TEAMS on Wednesday 15th December at 4.30pm



WOULD YOU LIKE TO CREATE A PERSONALISED CHRISTMAS CRACKER WITH YOUR CHILD?
...THEN JOIN MRS DOWLING IN A LIVE LESSON ON TEAMS



ON MONDAY 14TH DECEMBER 2020 AT 4PM

Would you like to create a Yule Log with your child?
...Then join Mrs Quane



On Tuesday 8th December at 4pm on TEAMS



Ingredients:

Swiss roll, jam or chocolate

Topping

400g chocolate milk or plain

OR

- 140g/5oz butter, softened
- 280g/10oz icing sugar
- 1-2 tbsp milk
- ¼ tsp vanilla extract
- 1 tablespoon cocoa powder
- Cake board
- Christmas decorations



Can you count to 20 in Spanish?



WHY STUDY SPANISH?

TOP 10 REASONS TO STUDY SPANISH

1. Open the doors to communicate with the 400 million Spanish speakers of the World
2. Communicate with Spanish speakers in your own community
3. Make your travel experiences more exciting and rewarding
4. Make yourself a more desirable employee and increase your job prospects
5. Prepare yourself for study abroad experiences
6. Improve your knowledge and understanding of your own language
7. Make learning your next language easier
8. Gain a greater appreciation for Spanish-speaking cultures
9. Enjoy Spanish music, theatre, film and literature in their original Spanish forms
10. Meet many new people and make friendships that will last a lifetime

