



# NEWSLETTER

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# THANKFUL THURSDAYS



HALEWOOD ACADEMY

## ★ Thankful Thursday Winners- 27<sup>th</sup> June ★

**Thankful Thursdays**  
Each week, members of staff have the opportunity to nominate other staff for something that they are thankful for. Ms Rollings then picks three winners each Monday. Opposite are last week's winners and the reason for their nominations.

**M Irons:** For organising such a wonderful prom for all our lovely year 11 pupils. A fantastic evening for everyone who attended. She is also always on hand to offer help and support when the rest of the team need it. Well done and thank you.

**R Dowling:** She allowed me to come and observe her with my year 8 class, and the lesson really inspired me. I have tried so many different strategies and tasks this week with all of my classes and I've been sharing it with the department too. Thanks a million!

**V Morgan:** She has worked tirelessly giving 100% with year 8 and I am so looking forward to working with her.



**Halewood Academy**

*We Seek The Best*

## ★ Thankful Thursday Winners- 4<sup>th</sup> July ★

**Thankful Thursdays**  
Each week, members of staff have the opportunity to nominate other staff for something that they are thankful for. Miss Rollings then picks three winners each Monday. Opposite are last week's winners and the reason for their nominations.

**C Knight:** He continues to give many staff support with his form. Every free lesson he has, he is supporting his form to help them progress. He is also in constant contact with the majority of parents or his form, calling them each week to update them on their child or just to check in.

**J Cowley:** She has recently joined the science department and has demonstrated such a strong work ethic from day one. She has worked hard to build positive relationships with pupils and has planned engaging lessons for all of her classes. Well done, and thank you!

**P Rylands:** For organising a fantastic Transition Day and Welcome Evening for our Year 6 pupils and parents/carers. Overwhelmingly positive feedback from pupils and parents. Thank you!



**Halewood Academy**

*We Seek The Best*

# NUMERACY CHALLENGE



HALEWOOD ACADEMY

Maths Challenge of the Week

N

9	5			1		2
6	3				1	
		8		6		7
					5	
6	1	7		9		
	2		4			8
9						5
1			5	6	4	8
8			1	7		6

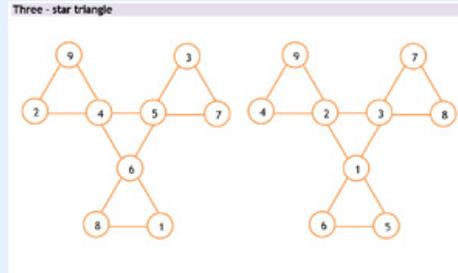
Sudoku - Place the numbers 1 to 9 in the blank spaces so that each number appears only once in each row, column and 3x3 box.

Send your answers in to Miss Devonshire [adevonshire@halewoodacademy.co.uk](mailto:adevonshire@halewoodacademy.co.uk) or to your progress leader.

**NUMERACY**

Last Week's Answer

N



**NUMERACY**

# WORD OF THE WEEK



HALEWOOD ACADEMY

## CONSISTENT

from consistere (Latin: standing firm)

ADJECTIVE

1. Done in the same way
2. Not containing logical contradictions
3. In agreement with something

SYNONYMS:

constant, regular, uniform, orderly, reliable, compatible

Who would use this word?

Teacher, Artist, Lawyer, Politician, Athlete

P.E.: "She is their most consistent player this season."

CHEMISTRY: "The results of the experiment are consistent with our predictions."

PHILOSOPHY: "The theory shows a consistent argument."

# HIGH ACHIEVERS EVENT CRANTON COLLEGE

On Monday 11th July we took ten **Year 10** students to **Cranton College** to attend a High Achievers event. During the morning students engaged in taster sessions in their high attaining programmes such as:

- Debating Society
- Business Leaders and Traders of the Future
- Psychology in the Real World
- Tomorrows Lawyers
- Tomorrow Scientists (Chemistry focus)
- Tomorrow Scientists (Biology focus)
- Tomorrow Scientists (Physics focus)
- Mathletics
- Tomorrows Teachers
- Student Leadership Team

During the morning students had the opportunity to listen to students who have gone from Cranton to the Oxbridge Universities, and their experiences of these programmes and how they prepared them for a prestigious university. The students thoroughly enjoyed their sessions and the insight to the opportunities available at Cranton College.



The staff at **Cranton College** were also really pleased with the students behaviour and attitudes whilst visiting, we received the following feedback:

*"I just wanted to say a big thank you to you and your pupils. It was lovely to meet all your students on Monday for the High Achievers event at Cranton College.*

*Our staff who were involved with this event were very impressed by the mature attitude and good behaviour of your pupils. They were a credit to the school, and it was a pleasure to have them in our college. Please pass on my thanks to the teachers that helped make it happen.*

*We hope they enjoyed the morning as much as we enjoyed having them."*

Well done Year 10!

Mrs C Jones

*PE Teacher and Aspirations Coordinator*

# KNOWSLEY CUP 22 SEMI-FINAL

Superb performance by the **Year 7 boys** at the Academy tonight! They beat Prescott Academy 10-0 in the **Knowsley Cup Semi-Final!** What a performance and result! We now look forward to the final! Onwards and upwards!

*Mr Rylands was delighted!  
PE / KS2-3 Transitions*



# CONGRATULATIONS YEAR 9

Congratulations to our **Year 9** students who won an **App Design Competition** at **Everton Football Club** last week. The 4 students represented the school after being selected for their hard work and demonstrating **resilience** during their weekly sessions with **Everton in the Community** this term.



We also had a **Year 7 and 8** combined team who were runners up.

The students have been engaging in a variety of programmes hosted by **Everton in the Community** and during these sessions have

demonstrated our core values consistently, as well as taking on leadership roles.

*Well done to everyone involved.*



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HALEWOOD  
ACADEMY

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# ENRICHMENT OPPORTUNITY Learn Mandarin

## at Halewood Academy

Learning Mandarin offers many benefits to personal and professional growth not least gaining a better understanding of one of the richest cultures in the world. Learn Mandarin to enrich your knowledge and understanding of this great culture.



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For more details please contact Mr Harrison, Vice Principal, Halewood Academy



MEMBER OF THE WADE DEACON TRUST

WE SEEK THE BEST

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# HALEWOOD UNI-WISE



Halewood Uni-Wise is a partnership between St Nicholas' and St Mary's Churches and Halewood Town Council.

Dates we will be open this year: Every Saturday from 9 July-20 August 10am-12pm

Venue St Nicholas' Centre, Church Road, L26 6LA

Open to everyone for collection of free preloved items of school uniform for Halewood Schools and for donations of uniform items in good, clean condition



This is an opportunity for anyone with school age children (nursery, primary or secondary) to pick up good, clean, nearly new and some new, items of uniform. We will also be asking for donations of uniform items (washed and ironed please) nearer the time.



# You are not alone this summer

Find support on kooth.com

## Parent & Carer Kooth Webinar

A webinar for parents & carers supporting young people on results day 2022.

Thursday 25th August (4pm-5pm)  
Tuesday 30th August (4pm-5pm)

Visit <https://bit.ly/3nxLnp0> to learn more





# Kooth's Wellbeing Summer Checklist

Why not try one of these support options for each week of the summer holiday period. **Visit [kooth.com](https://www.kooth.com) to get started.**

Try a wellbeing activity in Kooth's mini activity hub.

Join a discussion board with our supportive community of young people. Visit [kooth.com](https://www.kooth.com) to get started.

Listen to a Kooth podcast - You can find us on Spotify and Apple Podcasts.

Have a chat with a member of our team. Our team of counsellors and wellbeing practitioners are online between **12pm and 10pm on weekdays and 6pm - 10pm on weekends.**

Read an article on Kooth written by a young person or a member of our team.

Try journalling to understand and track how you've been feeling. You can do this by logging into [kooth.com](https://www.kooth.com) and getting started on the homepage.



# Jump Back Up July 2022



**MONDAY**      **TUESDAY**      **WEDNESDAY**      **THURSDAY**      **FRIDAY**      **SATURDAY**      **SUNDAY**



4 Find something to look forward to today

5 Get the basics right: eat well, exercise and go to bed on time

6 Pause, breathe and feel your feet firmly on the ground

7 Shift your mood by doing something you really enjoy

8 Avoid saying "must" or "should" to yourself today

9 Put a problem in perspective by seeing the bigger picture

10 Reach out to someone you trust and share your feelings with them

11 Look for something positive in a difficult situation

12 Write your worries down and save them for a specific 'worry time'

13 Challenge negative thoughts. Find an alternative interpretation

14 Get outside and move to help clear your head

15 Set yourself an achievable goal and take the first step

16 Find fun ways to distract yourself from unhelpful thoughts

17 Use one of your strengths to overcome a challenge today

18 Let go of the small stuff and focus on the things that matter

19 If you can't change it, change the way you think about it

20 When things go wrong, pause and be kind to yourself

21 Identify what helped you get through a tough time in your life

22 Find 3 things you feel hopeful about and write them down

23 Remember that all feelings and situations pass in time

24 Choose to see something good about what has gone wrong

25 Notice when you are feeling judgmental and be kind instead

26 Catch yourself over-reacting and take a deep breath

27 Write down 3 things you're grateful for (even if today was hard)

28 Think about what you can learn from a recent problem

29 Be a realistic optimist. Focus on what could go right

30 Reach out to a friend, family member or colleague for support

31 Remember we all struggle at times - it's part of being human



**ACTION FOR HAPPINESS**  
**Happier · Kinder · Together**