



**HALEWOOD
ACADEMY**

Halewood Academy

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Mr I Critchley

Principal BSc (Hons), PGCE, MA, NPQH

19th February 2024

Dear Parents and Carers of Year 7 Children,

As a part of your child's education at Halewood Academy we promote personal wellbeing through a comprehensive Personal Development (PD) Programme. This encompasses various elements that make up the wider academic curriculum that students access whilst studying throughout their 5 years at Halewood Academy.

The aim of this is to ensure children have the knowledge, skills, understanding, attitudes and practical skills to live a safe, healthy, productive lives and meet their potential in every way.

I am writing to let you know that over the next two half terms your child's class will be taking part in lessons that will focus specifically on the Relationship and Sex Education (RSE) aspect of this programme through a focus on Health and Wellbeing during their PD lesson. RSE lessons in year 7 will include teaching about:

- Physical changes that occur throughout puberty.
- Emotional changes that occur throughout puberty and menstrual wellbeing.
- Healthy and unhealthy relationships along with how to manage conflict.
- An awareness of Female Genital Mutilation (FGM).
- Recognising and responding to inappropriate or unwanted contact.
- Introduction to the notion of consent in relationships.
- How and where to access further help and support.

Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world. All resources that are used to teach this unit of work are compliant and approved for use by the PSHE Association, are age appropriate and are fully informed by the DfE policy for Relationships, Sex and Health Education.

Please visit the school's website for more information about our PD curriculum and the RSE policy along with the right to withdraw. As a school community we are committed to working in partnership with parents and families and request should anyone have specific feedback about the policy that they contact school using the details below.

Please do not hesitate to contact Mr Gareth Harrison, Vice Principal, for further information

gharrison@halewoodacademy.co.uk

Yours faithfully

Mr G Harrison
Vice Principal