



NEWSLETTER

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MAY 2024

DEAR PARENTS AND CARERS

I hope you have been enjoying the slightly better weather we have had lately, although we have just had 2 days of rain!

Firstly, I must say how proud I am of **Year 11** and the way they have started their GCSE examinations. They have approached them with great maturity and have tried their absolute best. I wish them well for the remainder of their examinations. Please keep it up **Year 11**. We have attached the May half term revision schedule and also the timetable for the rest of their exams.

In this edition you will also find important updates regarding our pastoral team; please read this carefully so you are fully aware of the changes that affect your child(ren). As you know we place an enormous emphasis on attendance and punctuality; therefore we will be re-establishing our expectations around punctuality from **Monday 3rd June**. Any student that arrives late will be expected to stay behind that evening for a detention. As a reminder school starts at **8.30am (first bell)** and students should be at lines or in their form room for **8.35am**.

As a reminder, **Year 10** will begin their mock examinations during the next half term and also be exposed to work experience alongside a day at **Cronton and Riverside College**. We have begun our **Year 6 into 7 transition** visits as we prepare for a very busy finish for the summer term.

Please enjoy the break and come back refreshed, with full uniform and equipment, on **Monday 3rd June**.

Best wishes,

Kind regards,

Mr I Critchley
Principal



A GREAT
PLACE
TO BE A
PART OF

KEY DATES 2024

Friday 24th May	END OF TERM
Monday 4th June	START OF NEW TERM

SAFEGUARDING, EMOTIONAL WELLBEING AND MENTAL HEALTH

At the end of the half term we thought it would be useful to publish some contact numbers should you need to contact someone regarding the safety or welfare of a young person whilst school is closed.

- Childline 08001111
- NSPCC- www.nspcc.org.uk 08448 920 264 (Liverpool Office)
NSPCC Helpline 0808 800 5000
- cruse.org.uk- coping with a bereavement
- www.trusselltrust.org -foodbank
- Liverpool Social Care- 233 3700
- Knowsley MASH – 0151 443 2600
- <https://www.kooth.com/>

In addition to this may we also take this opportunity to remind students of some basics in terms of keeping themselves safe over the school holiday.

When out and about...

- ✓ Don't go out alone – there is safety in numbers
- ✓ Always let an adult know where you are going
- ✓ Never go anywhere with someone you don't know
- ✓ You can say 'no' if someone makes you feel uncomfortable or threatens or pressures you to do something you don't want to.

Staying Safe Online...

- 1) Private stuff needs protection (if you wouldn't want you parents or grandparents to see something, don't post it)
- 2) You can only really know someone if you know them offline (think about what 'a friend' means to you)
- 3) What you share will always be there (think before you post)
- 4) Not everyone online is who they say they are (remember that behind the screen it is easy to pretend to be someone you are not)
- 5) If something doesn't feel right, tell a trusted adult



HALEWOOD
ACADEMY



STAFF CHANGES



HALEWOOD ACADEMY

Halewood Academy

The Avenue, Halewood L26 1UU

Tel: 0151 477 8830

Email: admin@halewoodacademy.co.ukWeb: halewoodacademy.co.uk22nd May 2024**Mr I Critchley**

Principal BSc (Hons), PGCE, MA, NPQH

Dear Parent/Carer

I am writing to inform you of some staffing changes to the pastoral team which will take effect from Monday 3rd June 2024.

We are pleased to inform you that Miss Evans, the current Progress Leader for Year 7, has been appointed as a teacher of Spanish here at Halewood Academy. Miss Evans is a qualified teacher and she is very much looking forward to returning to the classroom fulltime. We wish her well in the new post.

Current Year 7 will continue to be supported by Mrs Carroll as their current Assistant Progress Leader. Miss Manning, who is currently a Progress Leader supporting Year 9, will assume the role of Progress Leader for Year 7 from Monday 3rd June 2024.

As many of you will be aware, Ms Martin, Progress Leader for Year 8, will be going on maternity leave during the month of June and we would like to welcome Ms Dinc who will be joining Halewood Academy on Monday 3rd June 2024 as the temporary Progress Leader for Year 8. Miss Heath will continue supporting Year 8 as Assistant Progress Leader (in addition to Ms Price, who is currently a learning mentor, who has been appointed as an Assistant Progress Leader.

We would like to wish all colleagues who have been mentioned above, the very best in their new adventures.

If you wish to discuss any aspect of this letter, please contact me to discuss.

Yours faithfully

Mrs N Cross
Vice Principal

PUNCTUALITY

LATE TO SCHOOL & LOST LEARNING TIME



HALEWOOD
ACADEMY

22nd May 2024

Halewood Academy

The Avenue, Halewood L26 1UU

Tel: 0151 477 8830

Email: admin@halewoodacademy.co.uk

Web: halewoodacademy.co.uk

Mr I Critchley

Principal BSc (Hons), PGCE, MA, NPQH

Dear Parents/Carers

Punctuality – Late to School and Lost Learning Time

As you will remember from my previous correspondence, we place great value on good punctuality. As such, we continue to monitor punctuality to school and to lessons.

We continue to regularly speak to all our students in form time and during assemblies each week, to reinforce the expectations around punctuality. 'At the door within 4' is a constant theme each Monday morning as part of our Standards and Expectations. This is a well-designed and highly structured way to start the week off, ensuring that all students know exactly what is expected with regards to punctuality.

Students are fully aware that we monitor punctuality on a daily basis and for those students that continued to be late to school and/or to lesson, we expected them to make up this lost learning time. Students that catch the bus are expected to make alternative arrangements.

A message is sent, via SIMS, to parents/carers to inform them when their child is late to school.

As a reminder of the expectations I have included the below extract taken from a previous letter -

We are extremely lucky that we have a modern and well-maintained building and students do not need to move outside or to different buildings for lessons. Therefore, we expect all students to arrive at their lessons within 4 minutes (At the door within 4), either from break, lunch or their previous lesson..... I would urge you to ensure that your child(ren) have their school bag, planner, equipment and timetable so they are fully prepared for school.

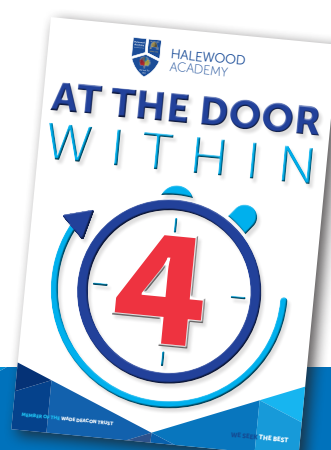
In summary, students should arrive to school at **8:30am** ready for line-ups or Tutor Time and should arrive at their lessons **within 4 minutes** (At the door within 4). When we return to school following the half term break, those students who arrive late to school will attend an **after-school detention on the same day**. If needed, students will be collected from lesson and escorted to the detention by a member of staff.

I would ask you to support school by speaking to your child(ren) to reinforce the important messages regarding punctuality to school and punctuality to lessons.

I appreciate your support in this matter.

Yours sincerely

Mr Day
Assistant Vice Principal



Breakfast Revision	Morning			Date	Lesson 3 Revision	Afternoon			After School Revision
	Code	Subject	Dur			Code	Subject	Dur	
RE Revision 7.45am - 8.30am Revision 8am - 8.55am	BHS03	BTEC Health & Wellbeing	2h	Tuesday 7 th May					English Revision 3.15pm - 4pm
Biology P1 Revision 7.45am - 8.30am	1RB01C	GCSE Religious Studies (Islam)	1h45m	Thursday 9 th May		8261/W	GCSE Drama	1h45m	Biology Revision P1 3.15pm - 4.15pm
	8461/FH	Biology Paper 1	1h45m	Friday 10 th May					
	8464/B/1FH	Comb Sci Tril. Biology P1	1h45m						
English Revision 8am - 8.35am	C720U10-1	GCSE English Lit P1	2h	Monday 13 th May					Science Revision 3.15pm - 4pm
				Tuesday 14 th May					History Revision 3.15pm - 4.15pm English Revision 3.15pm - 4pm History Team Revision - 7pm - 9pm
History Revision 7.30am - 8.30am	8145/1	GCSE History P1 (81451AD-1h, 81451BB-1h)	2h	Wednesday 15 th May	Computer Science with LON	J277/1	GCSE Computer Science	1h30m	Maths Revision 3.15pm - 4pm
						1 AA0 1F/H	Arabic Listening	35m/45m	
						1 AA0 3F/H	Arabic Reading	50m/1h5m	
Maths Revision P1 7.30am - 8.30am	1MA1/1FH	GCSE Maths P1 (non-calc)	1h30m	Thursday 16 th May	RE Revision Lesson 3	1RB02B	GCSE Religious Studies P2 (Christianity)	1h45m	Chemistry P2 Revision 3.15pm - 4pm Geography Revision 3.15pm - 4.15pm
Chemistry P1 Revision 7.45am - 8.30am Geography Revision Breakfast 7.30am - 8.30am	8462/1/FH	GCSE Chemistry P1	1h45m	Friday 17 th May					
	8464/C/1/FH	GCSE Comb Sci. Chemistry P1	1h15m			8035/1	GCSE Geography P1	1h30m	Sports Science Revision 3.15pm - 4.15pm
English Revision 8am - 8.35am Sports Science Revision 8am	8702/02	GCSE English Lit P2	2h30m	Monday 20 th May		R180	Cam Nat Sport Science	1h15m	Science Revision 3.15pm - 4pm
				Tuesday 21 st May	Computer Science with LON	J277/2	GCSE Computer Science P2	1h30m	Physics Revision 3.15pm - 4.15pm GCSE PE Revision 3.15pm - 4.15pm English Revision 3.15pm - 4.15pm
Physics P1 Revision 7.45am - 8.30am	8463/1/FH	GCSE Physics P1	1h45m	Wednesday 22 nd May		J587/01	GCSE PE P1	1h	Maths Revision 3.15pm - 4pm
	8464/P/1FH	GCSE Combined Sci. Physics P1	1h45m						
English Revision 8am - 8.35am	C700U10-1	GCSE English Language P1	1h45m	Thursday 23 rd May		1 AA0 4F/H	Arabic Writing	1h20m/1h25m	
	7687/1	GCSE Polish P1 (Read & Writing) EXTERNAL CANDIDATES	2h 30m	Friday 24 th May					GCSE PE Revision 3.15pm - 4.15pm

Maths Revision P1 7.30am - 8.30am GCSE PE Revision 8am	1MA1 2FH	GCSE Maths P2 (calc)	1h30m	Monday 3 rd June	GCSE PE Revision Lesson 3 Lunch Time Revision for Spanish	J587/02	GCSE PE P2	1h	History Revision 3.15 - 4.15pm Science Revision 3.15pm - 4pm History Teams Revision 7pm - 9pm
Spanish Revision 8am - 8.30am History Revision 7.30am - 8.30am	C810U20/BO-1	GCSE Spanish Listening	35m/ 45m 1h/ 1h15m	Tuesday 4 th June		8145/02	GCE Polish P2 (Writing) EXTERNAL CANDIDATES	2h	Geography Revision 3.15 - 4.15pm Statistics Revision 3.15pm - 4.15pm English Revision 3.15pm - 4pm
Geography Revision Breakfast 7.30am - 8.30am Statistics Revision 7.30am - 8.30am	8035/2	GCSE Geography P2	1h30m	Wednesday 5 th June		1ST01F/H	GCSE History P2 (81452AA-1h, 81452BC-1h)	1h30m	Business and Enterprise Revision 3.15pm - 5.15pm Maths Revision 3.15pm - 4pm
English Revision 8am - 8.35am Business and Enterprise Revision 7.30am - 8.30am	C700U20-1	GCSE English Language P2	2h	Thursday 6 th June		NCFE	GCSE Statistics paper 1 (F/H)	1h30m	Biology P2 Revision 3.15pm - 4pm
Biology P2 Revision 7.45am - 8.30am				Friday 7 th June		8461B/2/FH	L2 Tech Award Business & Enterprise	1h15m	
						8464/B/2FH	Contingency PM	1h15m	
7.30am - 8.30am	1MA1 3FH	GCSE Maths P3	1h30m	Monday 10 th June	Lunch Time Revision for Spanish	C810U40/DO	GCSE Spanish Writing	1h15/1h30m	Chemistry P2 Revision 3.15pm - 4pm
Chemistry P2 Revision 7.45am - 8.30am	8462/2FH, 8464/C/2F/H 7687/3	GCSE Chemistry P2 Comb Sci Tri Chemistry P2 GCE Polish P3 (List, Read & Writing) EXTERNAL CANDIDATES	1h45m, 1h 15m 2h 30m	Tuesday 11 th June					
		Child Development and Care Revision JTH		Wednesday 12 th June	Child Development and Care Revision JTH	8688/L/F/H 8688/R/F/H NCFE	GCSE Polish Listening GCSE Polish Reading Tech Award Child Dev	35m/45m 45m/1h 1h30m	
				Thursday 13 th June			Contingency PM		Geography Revision 3.15pm - 4.15pm Physics P2 Revision 3.15pm - 4pm
Geography Revision Breakfast 7.30am - 8.30am Physics P2 Revision 7.45am - 8.30am	8035/3	GCSE Geography P3	1h30m	Friday 14 th June		8463/2FH 8464/P/2FH	GCSE Physics P2 GCSE Comb Sci Tri P2	1h45m 1h15m	
Statistics Revision 7.30am - 8.30am		Music Revision Lesson 2 and 3 with CCO		Monday 17 th June		C660U30-1 1ST02E/H 8688/W/F/H	Music Comp 3 GCSE Statistics paper 2 (F/H) GCSE Polish Writing	1h15m 1h30m 1h/1h15m	
		Hospitality and Catering Revision - Lesson 1 and 2 GOW		Tuesday 18 th June					
	5409UBO-1	Tech Award Hospitality & Catering	1h20m	Wednesday 19 th June					
				Thursday 20 th June					
				Friday 21 st June					
				Monday 24 th June					
				Tuesday 25 th June					
		Contingency Day		Wednesday 26 th June			Contingency Day		

REVISION SESSIONS

HALEWOOD
ACADEMY

SATURDAY REVISION SESSIONS 2024

Students who have been invited to these sessions will be given a letter each week that needs to be signed and returned to school.

Saturday Revision Sessions		
Saturday 25th May 2024	Saturday 1st June 2024	Saturday 8th June 2024
<i>Business</i>	<i>Business</i>	<i>Geography</i>
<i>Geography</i>	<i>Geography</i>	<i>Maths</i>
<i>History</i>	<i>Maths</i>	<i>Science</i>
		<i>Spanish</i>

Please be aware this is subject to change.

HUMANITIES UPDATE (DofE AWARD)



HALEWOOD
ACADEMY

Year 10's completed their **Bronze Award Duke of Edinburgh** from the 11-12th of May. 39 students completed the challenge of two full days walking and camping in the **Rivington Area of Lancashire**, every single pupil successfully completed the expedition section of their **DofE**. Some real resilience was shown as the hot weather made the hiking particularly difficult!



Pupils showed collaboration as they worked in teams to navigate the countryside, through varying terrain and in an area most had never been before! Well do to the whole **Duke of Edinburgh Bronze Award Team!**

Mr S Riley

Head of Geography and Duke of Edinburgh Coordinator



HUMANITIES UPDATE



HALEWOOD
ACADEMY

A massive well done to our **Geography** students who produced fantastic posters in Mrs Atherton's Geography class.

Students have been learning about the **Physical and Human Geography of Africa**. Pupils worked collaboratively and used Independent learning skills to research people's perceptions of Africa. They then presented their work to the class showing excellent presentation skills. Good luck with your PS3.

Well done Year 7

Mrs Atherton
Geography



First place - Grace W

Second place - Maddisson F

Thomas S, Heidi G

Third place - Tyler C, Lennon W

Runners up

Lennon W - Tom H,

Thomas M, Alfie H

**YEAR
7**

CONGRATULATIONS GOOD ATTENDANCE



HALEWOOD
ACADEMY

As we reach the end of this summer half term, it is an opportunity to look back and reflect on a really strong half term (last 6 weeks) for attendance. Attendance in all year groups has been significantly better this half term, than in any previous half term this academic year.

Year groups 7, 8, 9, 10 and 11 have all achieved record weekly attendance during this half term. Year 11 have recorded the highest weekly attendance of any year group this academic year. Whilst Year 8 set a new record for Friday attendance!

I am sure you have noticed the recognition and celebration of good attendance on our social media platforms, but in case you have missed them I have included some below.

WE SEEK THE BEST CONGRATULATIONS ON 100% ATTENDANCE



A huge congratulations goes to all our students who achieved **100% attendance** this week.

We have messaged your parents/carers to tell them how proud we are of you!

Keep up the good work.

Regards

Halewood Academy



A GREAT
PLACE TO
LEARN

MEMBER OF THE WADE DEACON TRUST

WE SEEK THE BEST FANTASTIC ATTENDANCE TODAY

Today's attendance is fantastic! Congratulations to all our students who are in school today.

Keep up the good work this week.

Regards

Halewood Academy



A GREAT
PLACE TO
LEARN

MEMBER OF THE WADE DEACON TRUST

WE SEEK THE BEST MONDAY ATTENDANCE

A reminder about the importance of Monday attendance for your child. Starting the week strong sets a positive tone for their learning journey, and your involvement in ensuring their regular attendance is key to their educational growth!

Thank you for working with us.

Regards

Halewood Academy



A GREAT
PLACE TO
LEARN

MEMBER OF THE WADE DEACON TRUST

WE SEEK THE BEST ATTENDANCE MATTERS

A strong week for attendance so far! Well done to all our students who have been in school this week.

Parents/carers - Let's keep the momentum going and ensure they attend tomorrow (Friday) and finish the week on a positive.

Your dedication to their education and understanding of the significance of attendance is greatly appreciated.

Regards

Halewood Academy



MOMENTS
MATTER.
ATTENDANCE
COUNTS.

A GREAT
PLACE TO
LEARN

MEMBER OF THE WADE DEACON TRUST

WE SEEK THE BEST FABULOUS ATTENDANCE THIS WEEK

It has been a fantastic week for attendance. *Congratulations!*

Parents/carers - Your child's attendance matters, and we're grateful for your dedication to their education. Let's continue working together to help them thrive in school.

Regards

Halewood Academy



MOMENTS
MATTER.
ATTENDANCE
COUNTS.

A GREAT
PLACE TO
BE A
PART OF

MEMBER OF THE WADE DEACON TRUST

Every day counts in your child's educational journey, and we greatly appreciate your role in ensuring their attendance.

Thank you for your ongoing support and commitment. Together, we can help them reach their full potential!

We are very much looking forwards to another good half term for attendance when we return after the half term break. Good attendance for the last 7 weeks will ensure we finish the year off on a high.

Your active involvement in your child's attendance is invaluable. Keep up the great work in prioritising their education. Thank you for all that you do to ensure their success. Have a fantastic half term break.

Regards

Halewood Academy

Summer water safety

Accidents are mostly preventable with the correct knowledge and judgment and here are our tips to staying safe in the water during the summer:

To enjoy the water safely and make the right call...

- **Enter slowly and carefully**
Think carefully about your ability to splash or swim in cold outdoor water. 49% of those who lost their life were classified as swimmers*. Are you really a good swimmer?
- **Stay within reach**
Don't go too far and stay within a standing depth.
- **Always be supervised**
Over 70% of fatal accidents occur in the absence of professional supervision. Seek life guarded areas and always make sure some one is available to raise the alarm.



Summer is an amazing time to enjoy our beautiful waterways but we must be mindful that warmer weather is directly linked to an increase in fatal drowning incidents.

Rivers and Lakes/Lochs pose the greatest statistical risk as there are often hazards that the average person is equipped to handle and there is a lack of professional supervision.

In an emergency...

- **Call 999**
Ask for the Fire and Rescue Service when inland and the Coastguard if at the coast. Don't enter the water to rescue.
- **If you're in trouble FLOAT and call for help**
Fall in or become tired – stay calm, float on your back and call for help. Throw something that floats to somebody that has fallen in.



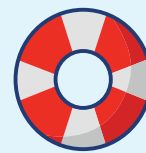
STOP AND THINK



STAY TOGETHER



CALL 999



FLOAT

Maths Challenge of the Week

N

Tracy buys

2 coffees at £1.10 each

3 teas at 95p each

5 sandwiches at £2.15 each

Tracy shares the total cost equally
between 5 people.

How much does each person pay?



Send your answers in to Miss Devonshire
adevonsire@halewoodacademy.co.uk or to your
progress leader.

NUMERACY

On Wednesday 22nd May it was National Numeracy Day. It is an opportunity for both students and parents to talk about how we feel about Maths and build our confidence with numbers.



Students took part in a range of lessons to promote key skills and talk about numeracy in every day life.



The TT Rockstars competition runs from 20th – 26th May. There are amazing prizes up for grabs including

Top student - £20 Amazon Voucher
★ Top class – Dominos pizza ★

If you still need your TT Rockstars login please see your class teacher or Miss Devonshire.

Look out in the next newsletter for our winners

Year 7 and 8 students took part in the National Numeracy Day Number Heroes competition with a chance of winning some fantastic prizes including one of six incredible prize bundles worth £1000 each. The winner will be chosen by the one and only Bobby Seagull.



Want to improve your numeracy skills? Try the National Numeracy Challenge <https://www.nationalnumeracy.org.uk/challenge/>

N

– a free online tool where you can check your numeracy skills using any device, at your own pace. Start improving in just 10 minutes, anytime, anywhere.

SIMS PARENT APP

Halewood Academy We would still like to remind you about the **SIMS Parent App**, which will be an instant way of checking your child's attendance, timetable and assessment information.

Thank you to all parents/carers who have already downloaded the app. The app has become the main vehicle for communication from school, therefore it is important to download the app.

Regards
Halewood Academy



HALEWOOD
ACADEMY



FOR MORE
INFO CLICK HERE





Prom 2024

YEAR 11 - CELEBRATION NIGHT

THURSDAY 27TH JUNE 2024

VENUE | CRAXTON WOOD HOTEL AND SPA, CHESTER

(DEPART SCHOOL FROM 6:30PM)



£10
DEPOSIT

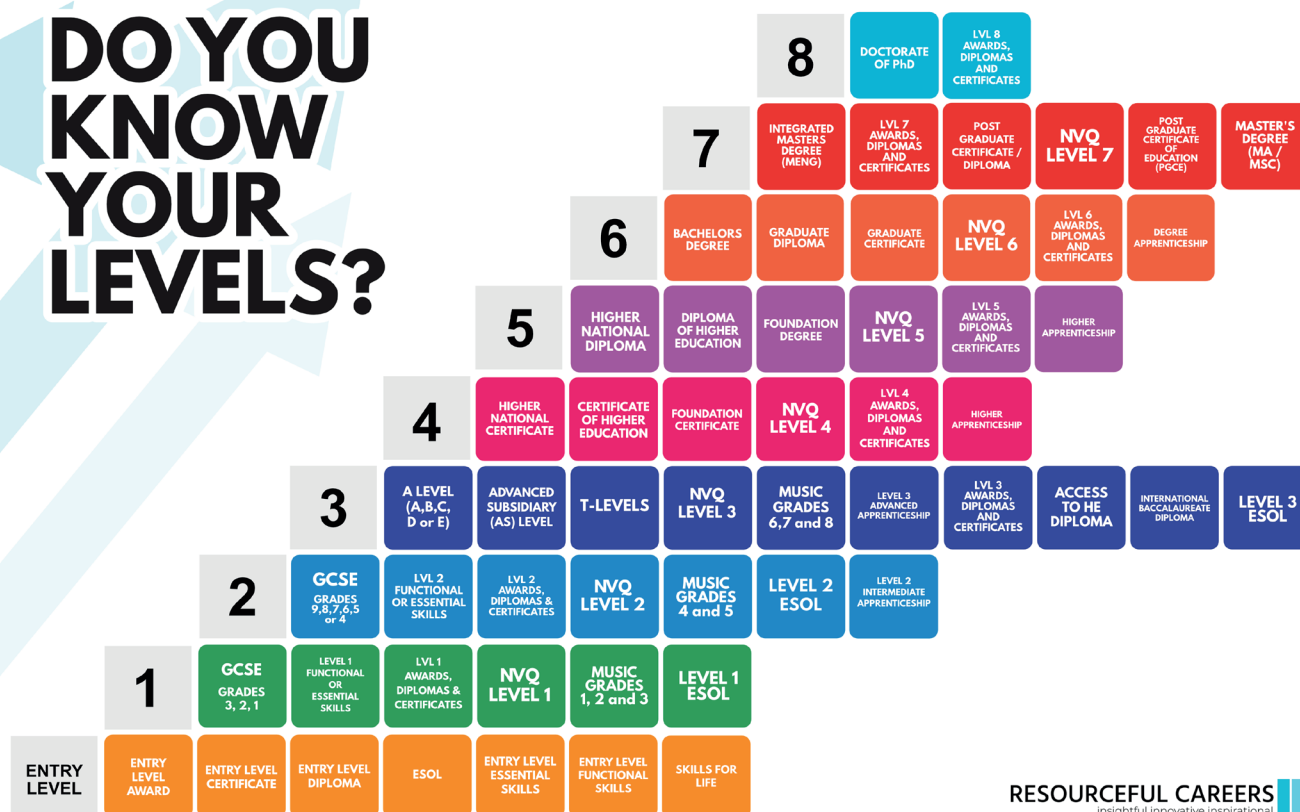
**REMAINING BALANCE DEADLINE -
THURSDAY 6TH JUNE 2024**

WWW.HALEWOODACADEMY.CO.UK

HALEWOOD
ACADEMY

CAREERS & OPTIONS

DO YOU KNOW YOUR LEVELS?

RESOURCEFUL CAREERS
insightful innovative inspirational

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PROTECTIVE SERVICES

Consider a career in public services if you enjoy helping people, physical activity and aren't afraid of accountability. Jobs can be highly demanding, but the rewards are many.

Public services are critical and include education, fire services, police and many more besides. People who work in public services go home at the end of the week with more than just a pay cheque. They know their work helps other people and makes our society a better place.

POLICE

GCSEs

English
Maths
Biology
Chemistry
Physics
Finance
Law
Statistics
Business
Geography
History
Information Technology
Languages

A-LEVELS

English
Maths
Biology
Chemistry
Physics
Finance
Law
Statistics
Business
Geography
History
Information Technology
Languages

T-LEVELS

Legal Services
Education and Childcare
Management and administration
Finance
Health
Science

APPRENTICESHIPS AVAILABLE IN

Business Fire Safety Advisor
Corporate Investigator
Counter Fraud Investigator
Custody and Detention Officer
Educational Leadership
Emergency Service Contact Handling
HM Forces Serviceperson
Housing and Property Professional
Intelligence Analyst
Police Constable
Probation Officer
Specialist Rescue

COLLEGE COURSES

LEVEL 1, 2 & 3 COURSES AVAILABLE IN

Business Management
Business Administration
Public Service
Law and Practice
Human Resource Management
Management and Leadership
Team Leading
Computing and Data Management

UNIVERSITY COURSES

LLB (Hons) in Law
BA (Hons) in Criminology
BSc (Hons) in Policing and Criminal Justice
BA (Hons) in Law and Psychology
BSc (Hons) in Cyber Security
BA (Hons) in Business and Management
BA (Hons) in Accounting and Law
BA (Hons) in Business Finance
BA (Hons) in Politics
BSc (Hons) in Forensics Computing and Security
BA (Hons) in Fire Risk Engineering
BA (Hons) in Fire Rescue
BA (Hons) in Global Challenges

JOB TITLES

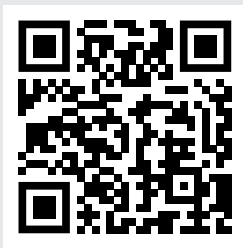
Army officer
Assistant immigration officer
Bodyguard
Bomb disposal technician
Border force officer
Chief inspector
Civil enforcement officer
Coastguard
Criminal intelligence analyst
Customs officer
Diver
Dog handler
Door supervisor
Fingerprint officer
Firefighter
Forensic computer analyst
Immigration officer
Merchant Navy deck officer
Merchant Navy engineering officer
Merchant Navy rating
Museum assistant
Neighbourhood warden
Police community support officer
Police officer
Prison governor
Prison instructor
Prison officer
Private investigator
RAF airman or airwoman
RAF non-commissioned aircrew
RAF officer
Road traffic accident investigator
Royal Marines Commando
Royal Marines Officer
Royal Navy officer
Royal Navy rating
Scenes of crime officer
Security officer
Security service personnel
Soldier
Store detective

kittedoutschoolwear.co.uk



Halewood Academy

SHOP INSTORE & ONLINE



**114 Allerton Road,
Mossley Hill L18 2DG**

0151 733 5533



email us at
info@kittedoutschoolwear.co.uk

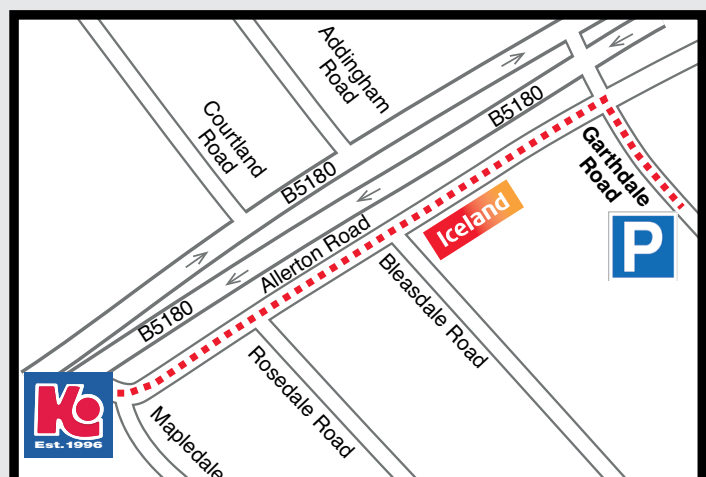
We are open Monday to Saturday 9.00am to 5.00pm
(Extended opening hours during Summer Holidays)

WE ACCEPT CASH & ALL MAJOR CARDS



CAR PARKING is available
behind Barclays Bank on
GARTHDALE ROAD - L18 2DH

From car park head to
Allerton Road, turn left and
walk along Allerton Road
and you will see our shop.



Meaningful May 2024

MONDAY



6 Look for people doing good and reasons to be cheerful

TUESDAY



7 Make a list of what matters most to you and why

WEDNESDAY

1 Do something kind for someone you really care about

THURSDAY

2 Focus on what you can do rather than what you can't do

FRIDAY

3 Take a step towards an important goal, however small

SATURDAY

4 Send your friend a photo from a time you enjoyed together

SUNDAY



5 Let someone know how much they mean to you and why

9 What values are important to you? Find ways to use them today

10 Be grateful for the little things, even in difficult times

11 Look around for things that bring you a sense of awe and wonder

12 Listen to a favourite piece of music and remember what it means to you

13 Find out about the values or traditions of another culture

14 Get outside and notice the beauty in nature

15 Do something to contribute to your local community

16 Show your gratitude to people who are helping to make things better

17 Find a way to make what you do today meaningful

18 Send a hand-written note to someone you care about

19 Reflect on what makes you feel valued and purposeful

20 Share photos of 3 things you find meaningful or memorable

21 Look up at the sky. Remember we are all part of something bigger

22 Find a way to help a project or charity you care about

23 Recall three things you've done that you are proud of

24 Make choices that have a positive impact for others today

25 Ask someone else what matters most to them and why

26 Remember an event in your life that was really meaningful

27 Focus on how your actions make a difference for others

28 Do something special and revisit it in your memory tonight

29 Today do something to care for the natural world

30 Share a quote you find inspiring to give others a boost

31 Find three reasons to be hopeful about the future

ACTION FOR HAPPINESS

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