



KS4

Rounders

Athletics

Orienteering

Isolated skills and competitive situations throughout KS3

Cricket

Basketball

Netball

Badminton

Fitness



Handball

Advanced skill development

Football

Trampolining

Table tennis

Athletics

Rounders /  
Cricket

Basketball

Fitness

Table tennis

Badminton

Football

Consolidation of skills & Knowledge

Trampolining

Orienteering

Netball

Table tennis

Orienteering

Trampolining

handball

Football

Developing skills & Knowledge

Athletics

Badminton

Fitness

Basketball

Rounders /  
Cricket

Netball



KS3

KS3 Learning Journey