

The party I am here to represent will be known as Young Minds First, a party dedicated to help improving not only the student's academic state, but also providing multiple different ways to benefit the student's mental health due to incidents that occur inside and outside of school. I will also be pushing towards having the younger students take part in activities that may be out of their comfort range to allow them to grow as a person and gain many skills they may have to use in the future such as public speaking. If you choose to read on you will see some of the choices that I would make.

Firstly, I would like PSHE to become a mandatory lesson that students as young as Year 9 (13-14) to either take part or completely lead PSHE lessons that take place to either forms at their own age, younger years, or if they really feel confident to attempt to take part in Year 10 or 11 PSHE lessons. This is mostly coming down to the fact that many students may not exactly feel comfortable talking about some of the specific matters that come up in PSHE lessons. By allowing the students to be another voice in the say, the younger students may be able to see the assistant as a confidant to trust that they would always have someone to fall back on and trust that is around their age. By turning PSHE into a mandatory lesson, it will allow teachers to discuss with children about real world matters that they may not be able to discuss in a regular lesson (e.g. Child Sexual Exploitation or dangers on nights such as Halloween or Bonfire Night).

In addition to this, Ofsted states that if progress is not made within 15 minutes of a lesson, the lesson will be classed as a 'fail'. I am sure you know that this is the reason why we have starter tasks. By taking students who had made progress in previous lessons, they will be able to create a new type of starter, which I am calling 'Flashbacks'. Flashbacks will be a good way for a student to come out of their shell and perform a task that would last no longer than 10 minutes to help get the students in a state of recall which can then be used to link into a future task in either that day or another day. This will help to increase the student's memory skills and make their performances better in lessons, something that will be necessary for a child to have especially when revision becomes incredibly important for a child when they go into Year 11.

Finally, I believe that students need to have the idea of mental health strongly put on them so they know that it is ok to talk about feelings. Not only do I mean whether they are worried or stressed, but many other matters such as sexuality that many young children may be confused about whether it be admitting to what they are or accepting others. By giving students optional time at the start or the end of the day to talk a trusted adult whose job is to support and care for the children, they will not only be happier when growing up but also feel safer and calmer about their present and the future. Creating these benefits is especially necessary in what people say are the best years of your life. Not only does this help benefit social advancements, it will also begin to assist the economy by bringing in more jobs for people specially trained to assist the children and will increase circulation of money across the UK.

Personally, I believe I would be a good candidate for a political party as I am easily capable of public speaking in front of any sized audience. I have performed multiple assemblies and took part in Staff Briefings and JLT and SLT meetings where I have been able to communicate using various and articulate vocabulary in capable manner. I also have a strong view on the fact that young minds should be put first and I would not be afraid to tell other people how I feel through political debates or video recordings that younger children would see and be influenced by me.

Thank you for taking your time to read about my ideas on my party 'Young Minds First'.